
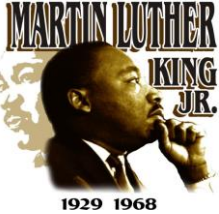


JANUARY 2023

MENU SUBJECT TO CHANGE DUE TO AVAILABILITY				
12/8/22				
Chef SALAD Available Daily for lunch				
MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
		4 --BREAKFAST-- Waffle, Sliced Apples, Juice --LUNCH-- Cheeseburger, Fries, Lettuce & Tomato, Fresh Fruit OR Asian Chicken, Rice, Broccoli & Carrots, Pineapple	5 --BREAKFAST-- Egg & Cheese English Muffin, Banana, Juice --LUNCH-- Popcorn Chicken, Mashed Potato, Cucumbers, Gravy, Roll, Pears OR Corn Dog, Baked Beans, Cucumber, Pears	6 --BREAKFAST-- Pizza, Apple Crisps, Juice --LUNCH-- Hoagie, Lettuce & Tomato, Carrots, Chips, Slushie OR Chicken Wings, Fries, Celery Sticks, Breadsticks, Slushie
		9 --BREAKFAST-- Cheese Filled Bread Stick, Fruit Cup, Juice --LUNCH-- Chicken Sandwich, Baked Beans, Broccoli, Mixed Fruit OR Spaghetti, Green Beans, Breadsticks, Mixed Fruit	10 --BREAKFAST-- Cake Donut, Applesauce, Juice --LUNCH-- Pizzaboli Bites, Broccoli, Carrots, Peaches OR Beef & Potato Burrito, Pinto Beans, Salad w/Tomato, Peaches	11 --BREAKFAST-- Mini Muffin, Egg Bake Bites, Sliced Apples, Juice --LUNCH-- Lasagne Rollup w/meat sauce, Green Beans, Breadsticks, Fresh Fruit OR Cheeseburger or Hamburger, Fries, Lettuce & Tomato, Fresh Fruit
16 	17 --BREAKFAST-- Benefit Bar, Applesauce, Juice --LUNCH-- BBQ Sandwich, Fries, Broccoli, Mixed Fruit OR Chicken Fajitas, Refried Beans, Carrots, Mixed Fruit	18 --BREAKFAST-- Cream Cheese Bagel, Sliced Apples, Juice --LUNCH-- French Bread Pepperoni Pizza, Green Beans, Fresh Fruit OR Ram Bowl (Popcorn Chicken, Mashed Potato, Corn, Brown Gravy, Cheese), Biscuit, Fresh Fruit	19 --BREAKFAST-- Egg & Cheese Biscuit, Banana, Juice --LUNCH-- 7-8th Sack lunches Chicken Tenders, Mashed Potato, Cucumbers, Gravy, Roll, Peaches OR Steak Sandwich, Fries, Cucumber, Peaches	20 --BREAKFAST-- Cereal, Cheese Stick, Apple Crisp, Juice --LUNCH-- Frito Pie, Corn, Carrots, Applesauce OR Chili Dogs, Chips, Carrots, Broccoli, Applesauce
23 --BREAKFAST-- Ultimate Breakfast Round, Fruit Cups, Juice --LUNCH-- Chicken Quesadilla, Refried Beans, Salad w/Tomato, Mixed Fruit OR Chicken Parmesan, Green Beans, Lettuce & Tomato, Mixed Fruit	24 --BREAKFAST-- Morning Roll, Applesauce, Juice --LUNCH-- Pizza, Broccoli, Carrots, Peaches OR Cheese Nachos, Carrots, Broccoli, Peaches	25 --BREAKFAST-- Waffle, Sliced Apples, Juice --LUNCH-- Lasagne Rollup w/meat sauce, Green Beans, Breadsticks, Fresh Fruit OR Cheeseburger or Hamburger, Lettuce & Tomato, Fresh Fruit	26 --BREAKFAST-- Egg & Cheese English Muffin, Banana, Juice --LUNCH-- Popcorn Chicken, Mashed Potato, Cucumbers, Gravy, Roll, Pears OR Corn Dog, Baked Beans, Cucumber, Pears	27 --BREAKFAST-- Pizza, Apple Crisps, Juice --LUNCH-- Hoagie, Lettuce & Tomato, Carrots, Chips, Slushie OR Chicken Wings, Fries, Celery Sticks, Breadsticks, Slushie
30 --BREAKFAST-- Cheese Filled Bread Stick, Fruit Cup, Juice --LUNCH-- Chicken Sandwich, Fries, Broccoli, Mixed Fruit OR Spaghetti, Green Beans, Breadsticks, Mixed Fruit	31 --BREAKFAST-- Cake Donut, Applesauce, Juice --LUNCH-- Pizzaboli Bites, Broccoli, Carrots, Peaches OR Beef & Potato Burrito, Pinto Beans, Salad w/Tomato, Peaches	FREE LUNCH		
			BREAKFAST FOR ALL	
			AND STUDENTS	